VOLUME XVI SENIOR REVIEW GROUP (SRG) THEMES/TRENDS and/or LESSONS LEARNED Jan - Mar 2012 SRG(s)

1. Theme: Educate the Army Population

- We're obligated to teach one another; some may not know "how" to seek the answer they need.
 - It's OK to ask for help!
- As we mitigate suicides and identify high-risk behaviors, reemphasize the Army's strategic approach; it can only help to build cohesive units, healthy lifestyles, and reduce risk-seeking behavior.

2. Theme: Soldier's can/do hide their Problems

- Be cognizant of high-risk behavior.
- As a Leader you might "know" your Soldier...but sometimes not well enough.
- Candid assessments are necessary.
- Sit down with your Soldier, encourage that dialogue about their lives.

3. Theme: "Unobstructed" Communication

- Keep communication open.
- Despite known and/or unknown challenges continue to communicate.
- Communication is needed in order to understand impacts on a Soldier's life
- Issues prior to the military? Open communication might help with the answers.
- Successful Leaders encourage a rapid flow of information.

4. Theme: VCSA Guidance

- Leaders do what good leaders do...take a look at self.
- We *must* do a better job of knowing what our people are doing.
- Folks do not want to die; they just no longer want to live.
- Good leadership includes knowing your leaders.
- Systems can fail!
- Suicide is tough; but not unsolvable.
- Leaders get out front and do what good leaders do.